

ATHLETBASE
BY LIVE

V6 RUNNER



**SMART
MOVEMENTS**

athletbase.com

V6

ATHLETBASE

BY LIVE



Types of training :

- Cardiorespiratory, greatly raising the heart rate
- Strength
- Stretching
- Dynamic stability
- Rehabilitation
- Balance
- Agility
- Overcome
- Hit
- Motor coordination
- Flexibility
- Fat Burning

The V6 is another innovative piece of equipment in the V line. With its exclusive system formed by two independent carts that slide on a curved rail, added to the two mobile bars for arm mobility, it provides freedom in the movements of the upper and lower limbs simultaneously, focusing on gaining dynamic stability, balance, coordination and endurance.

One of the differentials of the V6 is the possibility of rotating the footrests, which dynamically allows for the strengthening of the hip and shoulder joints, which are known to be the most unstable and difficult for stabilization.

It is the perfect equipment for those who like to practice various sports, such as running, skating and skiing, intensely stimulating coordination and balance.

DIFFERENTIALS OF V6

See below the main differentials that the V6 can provide:



Differential for your space bringing real results



Complements Pilates, Functional and Bodybuilding exercises, enhancing the results



Facilitates the diversification of training while maintaining student engagement



Works spine and hip joint movements in 3 different dimensions



Fat burning in less time



Prevention, treatment and rehabilitation of musculoskeletal pathologies

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Technical Information

- Made with round carbon steel tubes.
- Laser cut carbon steel sheets.
- Electrostatic painting.
- High resistance pp floor.
- First line bearings allowing great resistance to use.
- Damping system not generating impact.

Dimensions

Length x Height x Width
2.60m. 1.36m. 0.85m.
Weight 200 kg/441 lbs



1

V1 bench



2

V2 cross



3

V6 runner



4

V12

